

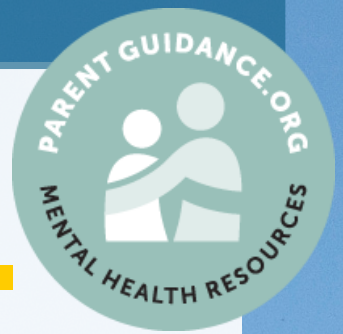


# PARENT GUIDANCE SERIES

Logan City School District invites all parents and caregivers to join in the conversation on **Monday's** for the dates below!  
Discover the power you have to shape your child's mental health.

**TIME: 6:30 - 7:30 pm via Zoom**

**REGISTER NOW for EACH SERIES**



**MON. SEPT 12**

**"How Parents Can Help Prevent Suicide"**

<https://CookCenter.info/LoganSept12>



**MON. OCT 3**

**"Social Media: Protecting Your Child"**

<https://CookCenter.info/LoganOct3>



**MON. NOV 14**

**"Bullying - Stop the Cycle"**

<https://CookCenter.info/LoganNov14>



**DECEMBER- NO SERIES THIS MONTH**

**MON. JAN 9**

**"The ABCs of Substance Abuse & Vaping"**

<https://CookCenter.info/LoganJan9>



**MON. FEB 13**

**"Emotional Regulation ~ Recognizing What's Wrong"**

<https://CookCenter.info/LoganFeb13>



*If you are unable to attend virtually please contact your school administrator.*

For registration information, please contact Shana Longhurst at [Shana.longhurst@loganschools.org](mailto:Shana.longhurst@loganschools.org)